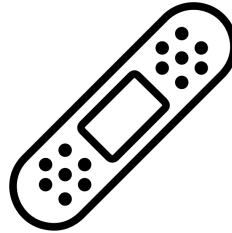


## 1 REMOVE BANDAGE

Remove your bandage after **24–48 hours**. Keep it dry until removal.

If you have steri-strips (the thin bandage directly adherent to your wound), you do not have to do anything until they fall off on their own. This typically happens in 1–2 weeks. You may get these wet.



## 2 WASH

Please wash your wound once a day with **soap and water**. If you are washing your wound during showers, make sure it is the last thing you do before exiting the shower.



## 3 OINTMENT

Apply a liberal amount of **Vaseline** (plain petrolatum) to the wound. **Do not use Neosporin.**



## 4 RE-BANDAGE

Re-bandage with a **standard bandage**. If you are sensitive to adhesive, use **paper tape**.

## 5 REPEAT

Change your bandage **daily** and repeat until the wound is fully healed. If you have sutures, continue these steps even after suture removal.

## 6 RETURN

Return for **suture removal** in \_\_\_\_\_ days.

Return for a **follow-up** in \_\_\_\_\_ days.

## SIGNS OF INFECTION

Call the office if you have any signs of infection such as yellow–green smelly drainage, redness or swelling that is expanding around the wound, pain, or any other concerning symptoms.

## BLEEDING

If your wound starts to bleed after you leave, take a clean towel and hold pressure for 30 minutes **without letting go**. Once it stops, re-bandage as normal. If it does not stop, please call the office.